

CONFIDENTIALITY

It is good practice to keep any information shared as a peer supporter confidential, unless permission is granted to share.

When to break confidentiality?

It is ethically responsible to break confidentiality in the following circumstances:

If an individual is 16 years of age and under and is at risk of being harmed, call:

Children's Aid Society
416-924-4640 (24/7)
www.torontocas.ca

If there is a serious possibility that an individual may harm themselves or others, call:

Gerstein Mobile Crisis Team
416-929-5200 (24/7)
www.gersteincentre.org

Note: It is up to you to discern the seriousness of the situation. Prior to breaking confidentiality, have a conversation about the sensitive circumstance and inform the individual of any actions you plan to take. Make sure you have exhausted all efforts to maintain their autonomy.