

HOLIDAY RESOURCES

The holidays mean a lot of different things to a lot of different people. We all have expectations about what the holidays should look like, and often they end up not looking like we imagined. Whatever we imagine, whatever ends up happening, we should all know that we are not alone. Here is a small selection of resources over the holiday season. We encourage you to reach out when you need.

Help lines open all through the holidays

- Toronto Distress Centres (416) 408-4357 or 408-HELP
- Kids Help Phone at 1 800 668-6868 www.kidshelpphone.ca
- Distress Centre Peel 905-278-7208
- Durham Crisis Line 905-666-0483
- Oakville Distress Centre - 905-849-4541
- Drug and Alcohol Helpline – 1-800-565-8603
- Good to talk post-secondary Helpline 1-866-925-5454 www.goodetalk.ca
- Gerstein Center Crisis Line & Mobile Team 416-929-5200

Peer Support Telephone lines

- LGBT Youth line 1-800-268-9688 www.youthline.ca

Holiday Closure - Closed Dec 25 to January 2 (Additional closures to be confirmed)

- Krasman Center Warm line 1-888-777-0979 www.krasmancentre.com

Youth Resources

Canadian Mental Health Association

Youth Services, Youth Zone

416-789-7957 info@cmha-toronto.net www.camh.ca

Holiday Closure: Closed Dec 25 - Jan 4

HOLIDAY RESOURCES

Center for Addiction and Mental Health

Youth Addiction & Concurrent Disorder Service

416-789-7957 www.cmha.ca

Holiday Closure - Closed Dec 25 and 26

Emergency will remain open all through the holidays

Supporting Our Youth

416-324-5077 soy@sherbourne.on.ca www.soytoronto.org

Holiday Closure - Closed Dec 23 to January 4

Youth Assisting Youth

416-932-1919 1-877-932-1919 www.yay.org

Holiday Closure- Closed Dec 23 to January 2

Special Holiday Programming

Each program has their own holiday party on the last program day before they close for the holidays, details can be found on the website and on the Facebook groups.

Central Toronto Youth Services (CTYS)

416-924-2111 mail@ctys.org www.ctys.org

Holiday Closure- Dec 23, 28, 29 and January 1

Reduced hours: Dec 24 & 31 from 9am-3pm

Delisle Youth Services

416-482-0081 www.delisleyouth.org

Holiday Closure- Closed Dec 25 and January 4

Closing early on the Dec 24 at 2 pm

Loft Community Services

Services for at Risk and Homeless youth and Transitional Age Youth Program

416-979-1994 info@loftcs.org www.loftc.org

HOLIDAY RESOURCES

Holiday Closure- Closed Dec 25 to 28 and Jan 1

Youth Link

416-967-1773 info@youthlink.ca www.youthlink.ca

Holiday Closure - Closed for Dec 25, 28 and Jan 1

All Ages Resources

Progress Place

416-323-0223 the club@progressplace.org www.progressplace.org

Holiday Closure- closed Dec 25 & 26 and Jan 1

Canadian Mental Health Association (CMHA)

416-789-7957 info@cmha-toronto.net www.toronto.cmha.ca

Holiday Closure - Closing early on Dec 24 at 12pm and will reopen on Jan 4

Center for Addiction and Mental Health (CAMH)

416-535-8501 www.camh.ca

Holiday Closure - Closed Dec 25 and 26

Emergency will remain open all through the holidays.

Center for Independent Living in Toronto

416-967-1773 cilt@cilt.ca www.cilt.ca

Holiday Closure - to be confirmed

Centre for Independent Living in Toronto

416-207-5032 fame@fameforfamilies.com

Holiday Closure- Closed Dec 24 to Jan 2

Special Holiday programming: Kids Christmas Party Dec 12

Houselink

416-539-0690 (head office) www.houselink.on.ca

Bloor 416-516-1422 Danforth 416-465-0556 Broadview 416-469-2473

HOLIDAY RESOURCES

Holiday Closures - Closed Dec 24th at 12:20, Dec 28th and office are closed 25th and January 1st but programming remains open

Special Holiday Programming: Christmas and New year's Dinner at 4:30 at 805 Bloor at location

Special Holiday Community Events

For a comprehensive list of holiday programming please refer to the CS Info Holiday Bulletin.

Community Christmas Caroling (All ages) free

Sunday, December 11, 2016 at 7:30pm. Located at St. Dunstan of Canterbury Anglican Church 56 Lawson Road

416-283-1844 parishadmin@stdunstan.ca

Traditional Christmas carols and refreshments.

Pet Photos with Santa

Every Saturday and Sunday in December

11am-5pm Purina Pawsway Event Space 245 Queens Quay W

416-360-7297 info@pawsway.ca www.pawsway.ca

Union Station Holiday Market - Unique Gift Ideas (free entry)

December 5 at 65 Front Street West

Monday-Friday: 7:30am-7pm

Saturday and Sunday: 10am-6pm

Toronto Christmas Festival (all ages) Free

Dec 9 -18 Harbour Front Centre

Monday to Thursday: 3pm-9pm

Friday to Sunday: 10am-10pm

www.torontochristmasfestival.com

HOLIDAY RESOURCES

Over 60 vendors, Polar express christmas train, igloo domes, entire Harbourfront Centre full of activities, 28 live bands and christmas carolers, Musical performances and kids shows, skating and DJ performances, and more

Toronto Christmas Festival 1st one (all ages) Free

Dec 12 -21 Yonge and Dundas square

Live music, wonderful food for sale, laser show @ 10 pm every night. Santa Clause and Free hot cocoa.

416-872-4255 <http://roythomson.com/eventdetail/OrpheusChoirToronto>

New years at Nathan Phillips Square (all ages) Free

Dec 31- Jan 1 Nathan Phillips Square

Ring in the new year with live music, skating and fireworks after dark.

Not Another Fa La La! - A Singing OUT! Production

by Singing OUT!, Toronto's LGBTQ+ Community Choir

December 3rd at either 3pm or 7:30pm

Kids: \$15, Adults: \$25

Jane Mallett Theatre, St. Lawrence Centre for the Arts

27 Front Street East

Toronto, ON M5E 1B4